

Play 4 Performance Team-based Candle Making Workshop

About the workshop:

A team of staff members split the work to learn and make a complicated design candle, which requires different skill sets e.g. active listening, leadership, effective communication and collaboration from members.



Why candle?

Aroma candles have been proven to **lift** mood, reduce stress and increase working capacity.



It is now a chance for your hard working colleagues to try something new, get creative, and have fun with the team!

Benefits:

✓ Break the monotony

 Able to unwind and relax as candle making is a form of therapy

√ Converse and collaborate

• A comfortable platform for colleagues to open up and talk

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