

# Generative AI for Daily Life & Productivity

CONNECTION TECHNOLOGY 裝備未來  
**FUTURE SKILLS**

This introductory course will present the practical applications of generative artificial intelligence in daily life, assisting learners in enhancing their efficiency and creative expression. The content covers travel itinerary planning, personal storytelling and diary writing, image generation, and short video production. The course is designed to be easy to understand, with no technical or AI background required, making it suitable for everyone.

**No background in AI or technology is necessary.**

Code

P0000211

Duration and time

24 March 2026 2:00pm –4:00pm

Venue

HKPC Building, 78 Tat Chee Avenue, Kowloon, Hong Kong

Language

Cantonese

Course fee

HK\$699 (HK\$1,200 for Groups of Two)

Who should learn

General public, beginners, working professionals, and those interested in enhance their daily efficiency and personal productivity

## Trainer Information

**Alex YIU** is a highly skilled professional with a Bachelor's degree in Graphic Design from the School of Design at Hong Kong Polytechnic University. With an impressive 25 years of experience in the design field, Alex possesses extensive expertise in design and management. His proficiency particularly shines in game eLearning and AI generation, where he has demonstrated remarkable skills in successfully overseeing large-scale technology projects throughout his career.



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## Course Outline

### Course objectives (specific learning goals)

- Understand the basic concepts, common applications, and ethical considerations of generative AI.
- Be able to use text-based AI (e.g., POE / DeepSeek) for travel planning, itinerary writing, and generating personal stories.
- Master image-generation tools (Midjourney, Nano Banana, etc.) to create everyday images and preserve memories.
- Learn to produce short social media videos (Reels / Shorts), from gathering assets and scripting to final editing.
- Be able to write and fine-tune effective prompts to achieve desired outputs across different tools.
- Learn to manage output files, copyright, and personal data concerns, and evaluate the quality of AI-generated content.

### Learning outcomes

- Apply AI tools to handle everyday life-related tasks.
- Use generative AI to create simple images and short videos.
- Write effective prompts to accomplish common personal tasks.

### Student assignments (examples)

- Generate a 3-day travel itinerary (including transportation, meals, attractions, and budget), and upload the final prompt and the model's response (as a text file).
- Use AI to generate a 300–500 word personal story or diary entry, and submit the original prompt plus a brief self-assessment (degree of style achievement).
- Generate three images related to a personal theme, and submit the prompts and reflections (including revision strategies).
- Produce a 15–60 second short video (Reels/Shorts) that integrates AI-generated images and a text script, and describe the production process and tools used.